



Alfred Saliba Center for Families

FY14 Annual Report



The family resource center model, which began in 1994 by the Alfred Saliba Center for Families, has proven to be one of the most successful social service models available to communities and families. This model is a resource-friendly, effective manner in which families can access and utilize social services to address their complex issues. In FY14, **Goal 1** of the Alfred Saliba Center for Families was to assist vulnerable families in improving their health, safety and stability. The desired outcome was to provide consumer assessment and individualized service planning for 3,000 non-duplicated consumers through the various departments. This goal was obtained at an expense of **\$2,163,089.00** when services, valued at **\$3,942,420.00**, were rendered to **3,571** unduplicated consumers center-wide.

Intake & Assessment / Social Work

Goal 2: The Alfred Saliba Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families' needs by meeting the following outcomes in the Intake Department.

Desired Outcome 1: The intake Department will provide consumer assessment and individualized service planning that includes family members and all stake holders involved with the family for 1,400 non-duplicated new consumers and

500 returning consumers, for a total of 1,900 non-duplicated consumers.

Intake Outcome 1: Intake served 1,389 new families and 462 returning consumers, for a total of 1,801 individuals served in FY14.

Desired Outcome 2: The Intake Department will Provide Information and referral services that address families' survival needs, including clothing, food, housing, medi

transportation, and medication assistance within the agency departments and to other agencies within the community.

Intake Outcome 2: 5,956 referrals were made to various departments within the agency and to other family-serving agencies within the community.

Social Work

Each consumer meets with a social worker upon entering the Center for the first time. An assessment is made of the individual or family's

needs and referrals are made for requested services.

Adult Education

GED classes are provided by Wallace College; 398 consumers were served; 11 consumers passed the GED exam.

A Literacy Program is offered to teach consumers to read.

Counseling Services

The center provides individual, marriage and family therapy services with a licensed therapist; 11 consumers were served.

Community Career Development Center

The center provides the following customized programs to help consumers meet their career needs on their time:

- Job search assistance
- Job readiness training and work force development curriculums
- Career planning and goal setting
- Computer lab for academics and career development

Goal 3: The Alfred Saliba Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-

centered services that address families' needs by meeting the following outcomes in the Community Career Development Center.

Desired Outcome 1: The Career Center will provide consumer assessment and individualized career assistance and planning for 2,000 consumers.

Career Center Outcome 1: 1,072 new and 1,003 returning, for a total of 2,075 consumers, visited the Career Center for a variety of job-related services.

Desired Outcome 2: The Career Center will track the number of consumers who obtain new jobs.

Career Center Outcome 2: 191 consumers from the Career Center and 59 from other departments had obtained employment, for a total of 250; 81% of those individuals had maintained employment after 90 days.



Success Story

A 37 year-old mother of 4 was referred to Camp H.I.R.E. for employability skills by DHR. Previously, she held steady employment, but has been limited due to physical ailments. When interviewed for the program, she expressed very limited goals and could not identify a long-term dream for her life. She lacked many of the skills required to obtain sufficient employment and presented as depressed. She became confident during Camp H.I.R.E. and became the unofficial leader of the group. She excelled in soft skill training and obtained her Work Keys certification. After Camp H.I.R.E., she obtained a position with Dothan City Schools and enrolled at Wallace College.

Strong Families

The Strong Families Department provides free programs for building “Five Protective Factors” that promote healthy development in children, better outcomes for families and reduce the likelihood of “child abuse and neglect” (Center for the Study of Social Policy). Our services include case management, fatherhood classes, marriage and relationship education, domestic violence education, money management and parent enrichment workshops, as well as strategies for empowering and strengthening families.

Goal 4: The Alfred Saliba Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families’ needs by meeting the following outcomes in the Strong Families Department.

Desired Outcome 1: The Strong Families Department will provide consumer assessment and individualized, family-centered services for 260 non-duplicated consumers.

Strong Families Outcome 1: 196 were served in Pathways and 271 individuals were served in Marriage and Relationship Skills (MARS).

Desired Outcome 2: The Strong Families Department will show a program completion rate of at least 75%.

Strong Families Outcome 2: 200 Pathways and 267 Marriage and Relationship Skills (MARS) completed the programs’ activities in the Strong Families Department.

Desired Outcome 3: The Marriage and Relationship Skills (MARS) program will show that 80% of program graduates are still together after one year.

Strong Families Outcome 3: 99% of the Marriage and Relationship Skills married consumers are still together after one year.

MARS Program (Marriage and Relationship Skills)

The purpose for marriage and relationship workshops is to promote successful mate selection and healthy, life-long marriages. These classes provide a research-based education program to teach or enhance skills necessary for a satisfying relationship.

Early Head Start

The Early Head Start Center-Based Program provides year-round, full-day, full-week child care in a licensed center at no cost to parents with limited income. The Home-Based program provides year-round weekly services in the home. Both programs provide family fun activities and assistance and information on nutrition, child development, healthcare, dental care, prenatal care and mental health. Families must meet the income criteria and their child must be under 30 months of age on September 1st. Pregnant moms, homeless children and children with disabilities are also accepted.

Goal 5: The Alfred Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families’ needs by meeting the following outcomes in the Early Head Start Department.

Desired Outcome 1: The Early Head Start Department will provide consumer assessment and individualized, family-centered services for 68 non-duplicated consumers.

Early Head Start Outcome 1: 72 families received services through the Early Head Start Department; These included 78 children and 5 pregnant moms.

Desired Outcome 2: The Early Head Start Department will ensure that 100% of all Early Head Start children have a medical home and medical insurance.

Early Head Start Outcome 2: 78 children (100%) had a medical home and medical insurance; 100% of pregnant moms (5) had medical insurance.

Home Instruction for Parents of Preschool Youngsters (HIPPY)

The HIPPY (Home Instruction for Parents of Preschool Youngsters) Program is a parent-involvement, school readiness program that helps parents prepare their 3, 4 and 5-year-old children for success in school and beyond. HIPPY helps parents to be their children’s first teacher by giving them the tools, skills and confidence they need to work with their children in the home.

Goal 6: The Alfred Saliba Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families’ needs by meeting the following outcomes in the Home Instruction for Parents of Preschool Youngsters (HIPPY) Department.

Desired Outcome 1: The HIPPY Department will provide consumer assessment and individualized, family-centered services for 90 non-duplicated consumers.

HIPPY Outcome 1: HIPPY program served 94 (17 were from HIPPY PLUS) non-duplicated consumers.

Desired Outcome 2: The HIPPY Department will ensure that 80% of families complete the 30-week program.

HIPPY Outcome 2: HIPPY served 94 participants and held an 84% retention rate.



Success Story

Mr. Rickie Johnson moved to Alabama with hopes of building a brighter future for his son and girlfriend. Rickie visited the Saliba Center for Families at the request of Laura Whigham, Responsible Fatherhood Parent Enrichment Facilitator. Mr. Johnson enrolled in the Responsible Fatherhood Program in August, 2014. Mr. Johnson initially requested parenting skills and marriage and relationship education. As a result, Mr. Johnson and his partner, Felicia, completed “Together We Can”, “How to Avoid Falling for a JERK or Jerkette” and “Money Habitudes”. After completing “Together We Can”, the couple discussed how their son, Rickie Jr., would benefit more if they married. Mr. Johnson completed the Camp H.I.R.E. project, graduated and was hired by the Saliba Center as the security guard/custodian. In a community-wide effort led by Center Director, Belinda Mitchell, the couple was married at the center on April 18, 2014.



Early Head Start Success

Diane Hines was awarded physical custody of her grandchildren, Jaylionna and Trinity Miller, when their parents were, both, sent to prison. Despite being 58 years old, a recent widow and having had a total knee replacement, Ms. Hines went through the proper channels and was awarded custody of the girls. She moved from Florida to Alabama in 2013 and immediately set out to find the best educational experience for Jaylionna and Trinity. That’s when she discovered Home-Based EHS.

HIPPY PLUS

HIPPY PLUS provides in-home services to parents with 3, 4 or 5-year-olds who are enrolled in the HIPPY program. HIPPY PLUS served 17 consumers.

Success Story

I enjoy the HIPPY program because my child loves for me to read to him and he loves when we get new books to learn about. In the beginning, it was difficult. Over the short period of time it has become easier.

My child’s vocabulary has grown more and he can express to me more verbally.” -Liliana Gigliotti

Parent Project / Positive Action

Parent Project

Parent Project is a ten-week program designed for parents of strong-willed or out-of-control adolescents. This program gives parents both no-nonsense solutions and support for dealing with their children's behavior problems, defiance, truancy, failing grades, drug/alcohol abuse and negative peer involvement.

Positive Action

Positive Action involves a class that is designed to teach teens how to improve academic performance, school discipline, self-esteem and remain drug-free.

Goal 7: The Alfred Saliba Center for Families

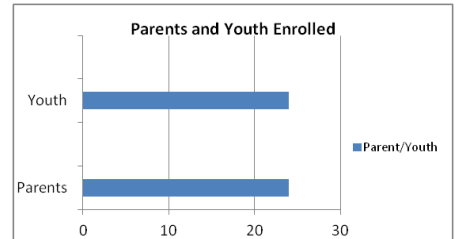
will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families' needs by meeting the following outcomes in the Parent Project/Positive Action program.

Desired Outcome 1: The Parent Project / Positive Action program will provide consumer assessment and individualized, family-centered services for 30 parents and 40 youth.

Parent Project Outcome 1: Parent Project enrolled 24 parents and 24 youth, for a total of 48 participants enrolled in Parent Project/Positive Action.

Desired Outcome 2: The Parent Project / Positive Action program will ensure that 90% of parents/youth complete the 10-week program that is offered 4 times per year.

Parent Project Outcome 2: 17 of the 20 families (85%) referred by JPO, DHR and JCC completed the program.



CDY (Career Designs for Youth)

Career Designs for Youth (CDY) is a program that provides academic support and career guidance for youth ages 16-21 that are experiencing challenges in getting their high school diploma, GED or successful job readiness training.



were 37 in-school consumers and 27 out-of-school consumers.

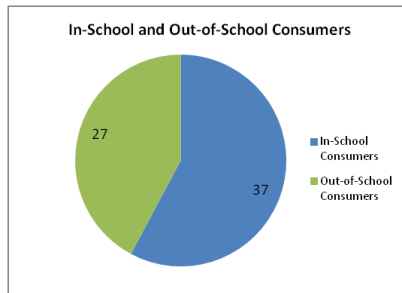
Desired Outcome 2: The CDY program will ensure that 57% of the enrolled youth that have obtained GED or diploma will obtain employment or post-secondary admission.

CDY Outcome 2: By June 30, 2014, 62% of youth had attained a GED or diploma or entered post-secondary education or obtained employment.

Goal 8: The Alfred Saliba Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families' needs by meeting the following outcomes in the Career Designs for Youth (CDY) program.

Desired Outcome 1: The CDY program will provide consumer assessment and individualized, family-centered services for 50 in-school and out-of-school youth.

CDY Outcome 1: CDY served 62 consumers. There



CDY Success Story

Derrick is a 19 year old male who entered the CDY Program on April 2, 2013. Derrick was struggling in English and enrolled to receive assistance. He was assigned a tutor during the spring of his junior year and by the end of the school year, he had pulled his English average up to a passing level.

During the summer between Derrick's junior and senior year, he completed Basic Training for the Army Reserve. Derrick continued receiving tutoring in English during his senior year. In May 2014, he earned his high school diploma. Upon high school graduation, Derrick was employed at Wal-Mart. He is currently employed full-time, is serving in the Army Reserve, a father, and is planning to continue with a career in the military. Derrick's file was closed out with CDY after completing his educational goals.

Mixson Business Center

The Mixson Business Center was designed to assist in the development of small businesses that are just starting out by providing the following services at an affordable rate for the first year: Furnished offices, reception area, telephone service/DSL internet, conference room, reference library, discounted long distance phone and fax services, discounted office supplies and technical assistance.



through the efforts of the Mixson Business Center.



Mixson Business Center offices are rented.



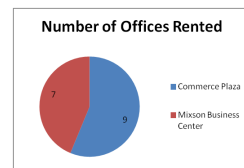
Goal 9: The Alfred Saliba Center for Families will assist vulnerable families in improving their health, safety and stability as evidenced by the provision of family-centered services that address families' needs by helping provide funds to meet these objectives

Desired Outcome 1: The Mixson Business Center will provide revenue to help support Saliba Center program and activities.

Mixson Business Center Outcome 1: The Mixson Business Center generated \$82,383.96 of revenue.

Desired Outcome 2: The Mixson Business center will ensure that 90% of the available suites in Commerce Plaza are rented and 50% of the available

Mixson Business Center Outcome 2: By September 30, 2014, 9 (90%) of the 10 Commerce Plaza suites and 7 (50%) of the 15 Mixson Business Center offices were rented.



Alabama Network of Family Resource Centers

Outcome Goals

Alfred Saliba Center for Families 2013-2014

ANFRC Goals

Goal 1

To increase the capacity of families to nurture their children and the capacity of communities to nurture families.

Outcome Indicator 1

For FY 2013-2014, the Alabama Network of Family Resource Centers **Alfred Saliba Center for Families** provided core services to **3571 unduplicated families** through a comprehensive system of services including, but not limited to, the following: Information and referral, assessment, including family/child safety issues, **goal setting, case management for 389 families**, basic needs and supportive services as evidenced by anfrctrak data.

Outcome Indicator 2

For FY 2013-2014, the Alfred Saliba Center for Families **partnered with 15 resources** to develop strategies for strengthening and nurturing families as evidenced by contracts for services and MOU's/MOA's.

Goal 2

To provide a pro-family system of integrated social services whose integrity of services is defined by the basic principles of inclusion, community-based, family-centered, strengths-based, collaborative, progressive, flexible, accessible, sensitive, user-friendly, outcome oriented and accountable that will result in improvements in family stability.

Outcome Indicator 1

For FY 2013-2014, **97% of participants reported satisfaction with the services** accessed through the Alfred Saliba Center for Families as evidenced by the results of the administration of the Consumer Satisfaction Surveys administered semi-annually in October and April.

Outcome Indicator 2

For FY 2013-2014, **100% of core services families determined and evaluated goals** as evidenced by Goal Rating Forms documentation.

Outcome Indicator 3

For FY 2013-2014, **89% of the families reported that their family was more stable** since receiving the services provided through the Alfred Saliba Center for Families as evidenced by the results of the administration semi-annually of the Consumer Satisfaction Survey in October and April.

Outcome Indicator 4

For FY 2013-2014, **95% of families receiving core services reported improvements in goal ratings of one or more levels** as evidenced by the Goal Rating Forms documentation.
